

Foundational Training

for Behavioral Health Clinicians

TEAM UP | SCALING & SUSTAINABILITY CENTER™

Training Team

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Training Location

960 Massachusetts Avenue
Boston, Massachusetts, 02118

Day 1:

9:30am-4:30pm, in-person

Day 1 will be a combination of didactic material and experiential activities. Topics include:

- The behavioral health integration movement
- Quality improvement (practice transformation and evaluation) in the provision of clinical care
- Why transdiagnostic approaches?
- Decolonizing mental health care
- The evidence behind and application of psychoeducation, motivational interviewing, problem solving skills, and cognitive restructuring

Day 2:

9:30am-4:30pm, in-person

Day 2 will be a similar combination of didactic and interactive, using a variety of media. Topics include:

- The evidence behind and application of emotional regulation, therapeutic exposure, behavioral activation, interpersonal and communication skills, assessments and screening, and caregiver and family support
- Using Management and Adaptive Practices (MAP) in clinical practice

Day 3:

9:30am-4:30pm, in-person

Day 3 is geared towards BHCs and CHWs collaborating to focus on foundations in early childhood care with an emphasis on the team-approach. Topics include:

- Engagement strategies for client-centered care
- Developmental stages: Ages 0-5
- BRANCH as an intervention tool
- Case study and application

**Note: Lunch and light morning refreshments will be provided; no cost parking will be available on-site.*