# Early Childhood Alliance (ECA)



## **Facilitators**

Sonia Erlich, LMHC, MFA, MA
Arth Hin, BLA, MA
Emily Stewart, DSW, LICSW
Carmen Rosa Norona, LICSW, MS. Ed., IECHM-E

### **Details**

Held virtually, on the 2<sup>nd</sup>
Tuesday of the month
10:00am-11:00am

#### **Overview**

The EC Alliance is a collaborative learning space for clinicians that aims to:

- 1. Increase comfort and confidence in working with families with young children
- 2. Increase familiarity with a culturally responsive, relational approach to engagement and care
- 3. Explore the impact of trauma, stress, culture, and other factors on caregiver-child relational health

The EC Alliance includes 6 months of intensive training followed by 12 months of reflective consultation

# **Topics Covered:**

#### Month 1: EC Alliance Kickoff

Participants will build the foundation of their learning community and complete a competency assessment to determine their baseline knowledge of early childhood concepts.

#### Month 2: The Early Childhood Landscape: Building Awareness

Concepts of structural oppression, marginalization, inequities and intersectionality will be explored to support participants' understanding of their work with children and families.

#### **Month 3: Attunement and Attachment**

An overview of attachment styles and the impact on a child's development in early childhood as well as recommendations for effective caregiving coaching strategies will be provided.

#### Month 4: Early Childhood Development

Participants will build knowledge of the typical physical, neurological, social, and emotional milestones of children ages 0-5 and improve their ability to support caregivers in navigating developmental stages.

#### **Month 5: Trauma & Chronic Stress**

Participants will review definitions of trauma and chronic stress as well as common manifestations of these conditions in children and families to understand the global impact on family health and well-being. A relational, multigenerational approach to trauma treatment will be introduced.

#### Month 6: Sociocultural Framework

Differences in caregiving, discipline, family structure, and behavioral expectations will be explored to build understanding of the cultural, social, and experiential impacts on understanding child development and behavior.